<http://journeytojoy.tv/story-therapy/>

Dealing with Mistakes

Story Starter 1

**Dealing with Mistakes**

Shawna was over at her friend Abigail’s house one day after school.  They were in Abigail’s room throwing a ball around and having a great time.  While they were playing, they got a bit careless and the ball they were tossing hit Abigail’s lamp.  With a loud crash the lamp fell to the floor and broke.  The girls knew they were in big trouble when they heard loud footsteps coming down the hall.  The door swung open and there stood Abigail’s dad and he looked really mad.  Before they could say a word, Abigail’s dad…

Bullies at School

Story Starter 2

**Bullies at School**

Jacob was in trouble – big trouble.  He had hoped that the move to the new school wouldn’t be hard, but after today Jacob knew that any hopes he had of that would be unlikely.  It had all started after lunch when he went to the bathroom.  When he was trying to leave and head back to class, the guy everyone called Big Joe was standing in the doorway blocking his path.  When Jacob tried to move in the opposite direction, Big Joe blocked his path again.  Jacob hesitated, unsure of what to do next.  Suddenly, Big Joe took one step toward Jacob and…

Fighting with Sibling

Story Starter 3

**Fighting with Sibling**

Jake was in trouble again!  He hadn’t meant to go into his brother’s room and break his trophy, but he had.  He had only meant to look at it, but somehow the trophy had slipped out of his hands.  Now it was just a matter of time until his brother came to find him.  Jake shut his door, but he kept a careful eye on it knowing that it wouldn’t be long before his brother would come busting in.  Within minutes, he heard yelling coming from his brother’s room.  Now the yelling was coming closer.  Suddenly, the door to Jake’s room swung open and…

TV Choices

Story Starter 4

**TV Choices**

Mark didn’t know what to think.  He had been flipping through the TV channels looking for something to watch, when he saw something that he hadn’t ever seen before.  It didn’t look like a show for kids, but curiosity got the better of him and he watched it for a few minutes.  Hearing his mom’s footsteps, he hurriedly changed the channel.  Mark knew that what he had seen wasn’t good, because it made him feel all funny inside.  When his mom came by, he wanted to ask her about what he had just seen, but yet he knew that he probably would get in trouble if he was honest.  When his mom sat down beside him and asked him what he was watching he said…

Cheating

Story Starter 5

**Cheating**

Eric was a good basketball player.  In fact, he was one of the best players on his team.  Every night there was a game, his team depended on him to make lots of baskets.  Basketball was going well, but there was one big problem.  Eric couldn’t always get his homework done because if he wasn’t at a game, then he was at practice.  When he asked one of his teammates if he had the same problem, his buddy told him that he usually copied his friend’s work when he got behind.  He told Eric that it was no big deal and that he would probably have to do the same thing in order to keep up.  His teammate told Eric the name of a classmate that would help him “catch up”, assuring him that it would be a lot easier if he copied.  After the game, Eric looked up and saw the boy who his buddy had just recommended.  He didn’t want to cheat, but he also was really behind in his work.  He thought about it for a moment, then…

Stranger Danger

Story Starter 6

**Stranger Danger**

Jenna was at her friend Julie’s birthday party.  The party had lots of inflatables to jump on and had been a blast.  After playing outside, everyone was called into the living room to watch Julie open her presents while the workers put the jumping toys away.  Midway through the presents, Jenna slipped out of the room to find the bathroom.  She didn’t know where one was so she started looking.   By mistake, she made her way into the kitchen.  When Jenna looked up, she was surprised to find herself alone with a man she had seen who was one of the workers.  As Jenna tried to walk past him, the man reached out and grabbed her arm.  He called Jenna a bad name and pulled her over to him.   Jenna was in shock.  She didn’t know what to do.  When the man jerked on her arm harder…

Lying

Story Starter 7

**Lying**

Jasmine got a smart phone for her birthday.  Most of her friends already had one, so they were quick to show her all the neat features and apps she could download.  Over the course of the next few weeks, Jasmine spent a lot of time on her phone.  She especially liked to text her friends.  Her mom told her not to call people after a certain time, but she never *said* anything about when to stop texting.  At night when she was supposed to be sleeping, Jasmine texted her friends.   Her mom and dad didn’t suspect anything.  One night as her mom walked past her room, she noticed Jasmine roll over quickly.  When her mom walked into  Jasmine’s room…

Feeling Inferior

Story Starter 8

**Feeling Inferior**

In class, Will was always the last one done.  It seemed like it took him a long time to do what the other students did quickly.  When the other kids got done with their work, they were able to read books and draw.  Will was frustrated and didn’t know why it took him so long to do everything.  One day as he was sitting and working hard on his work, he looked around and noticed that he was the only one still working.  As he started to look back at his paper, he noticed that his classmate beside him hadn’t turned in her paper yet.  It was sitting on her desk with all the answers staring right at him.  Will stared at it for a long time trying to decide what to do.  He looked at his own paper half finished.  Then he looked at his friend’s paper again.  It would be so easy to copy a few of her answers.   Quickly and quietly he…

Intolerance

Story Starter 9

**Intolerance**

Chris was annoying, really annoying.  John tried to be nice to him, but it was hard.  In school Chris always tapped his pencil, said weird things that no one seemed to understand, and did lots of other dumb things that got on his nerves.  All John could think was, “I wish he would stay away from me.”  John tried to stay away from Chris as much as possible.  However, one day his teacher put them together to work as partners.  When his teacher announced that they would have to work together, John quickly raised his hand and said…

Jealousy

Story Starter 10

**Jealousy**

Madison couldn’t believe it when her friend Val walked in wearing the exact jacket that she had tried to get her mom to buy for her on Saturday.  Madison’s mom had said that she already had a coat that was fine and she wasn’t going to buy something that she didn’t even need.  Madison didn’t want a jacket that was *fine.*She wanted the awesome jacket that her mom told her she couldn’t have.  She wanted the coat Val was wearing.  At recess, Val wore the jacket outside.  Madison was so jealous that all she could do was think about how unfair her mom was.  After school, Madison ran into her house and told her mom all about her friend’s new coat.  When her mom told her that her jacket was *fine*once more, Madison said…